

What

The Spirit Run is a 5K Run/Walk open to people of all ages who want to have fun, exercise, and support three worthy non-profit organizations dedicated to area youth efforts.

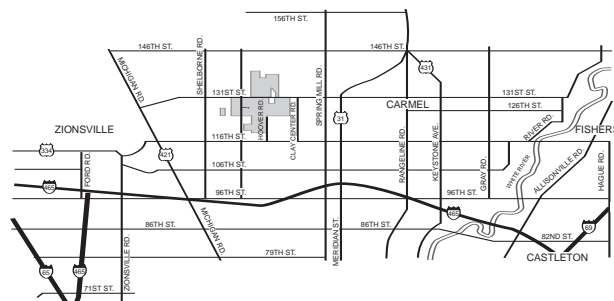
When

Saturday, November 5, 2005
 7:30-8:30 am, on-site registration inside Information Center Building at the Village of West Clay
 9:00 am start, for 5K Run, immediately after is 5K Family Walk

Who

Families are encouraged to attend! After the run and walk are completed, children ages 5-10 can celebrate the spirit of life in their own event, the Kiddie Romp!

Where



The Village of West Clay, Carmel IN
 Intersection of 131st and Towne Road in Carmel.

Directions

Take I-465 North to Meridian Street Exit and go North to Carmel
 Go North on Meridian Street to 116th Street (3rd stoplight)
 Turn Left on 116th Street and go West to Towne Road (1st stoplight)
 Turn Right on Towne Road and go North to Glebe Street
 Turn Right on Glebe Street into The Village of West Clay
 Meeting House will be straight ahead (white 3-story building with fountain)

Parking

Free parking is available all around the Information Center Building, in the center of the Village of West Clay.

The Crane

During Emily Gilroy's last days at Riley Hospital, her room was filled with 1,000 brightly colored origami paper cranes. The crane is a symbol of hope inspired by the book *Sadako and the Thousand Paper Cranes*. Emily's classmates, taken in groups to the hospital, created and hung the cranes as symbols of their love for her and their hope for her recovery. The crane is incorporated in the design of the Spirit Run logo as a symbol of our hopes and dreams for all children facing adversity and loss.



Emily Gilroy in 1981 at age 4, shortly after her Wilms tumor cancer diagnosis.



Emily at age 11, during the last year of her life, with Mom Sue Ann Gilroy.

Race Management

Professional race management and scoring and timing services provided by TrueNorth and Associates, The End Result Company, Inc., and Tuxedo Brothers Event Management.

Packet & T-shirt Pick-Up

Pre-registered runners and walkers may pick up race packets and commemorative T-shirts on:

Friday, November 4, - 11:00 am-7:30 pm, University High School 2825 West 116th Street, Carmel

Saturday, November 5 (Race Day)- 7:30-8:30 am, the Meeting House in Village of West Clay (starting area)

Awards and Age Divisions

Valuable retail gift certificates will be presented to the top three finishers of the Run, male and female. Commemorative Spirit Run awards will be presented in all age group divisions, proportionally based on the number of pre-registered runners, minimum of three-deep. Random awards from sponsors will also be raffled off to those present at awards ceremony

Age Divisions (Male and Female, for Run only, no age divisions in 5K Family Walk)

14 and Under	30-34	50-54
15-19	35-39	55-59
20-24	40-44	60-64
25-29	45-49	65-69
		70 & Up

Entry Fees

MAKE CHECKS PAYABLE TO UNIVERSITY HIGH SCHOOL

Entry Deadline: Pre-registered entries must be received on or before Oct 28, 2005. Entry fees are non-refundable.
 \$20 5K Run (with T-shirt)
 \$20 5K Family Walk (with T-shirt)
 Late Fee Add \$5 to each entry submitted after Oct 28, 2005

How To Register

We encourage you to register online at www.tuxbro.com
 Registration forms are available at:

- University High School (2825 West 116th Street in Carmel)
- Village of West Clay,
- IPS School #54 (3150 E. 10th street at 10th & Dearborn)
- Retail sporting goods outlets in central Indiana.

If not registering online, send registration forms to:
 Tuxedo Brothers
 6265 Boone Ridge
 Zionsville, IN 46077
 Email: tuxbro@indy.rr.com

Event and Volunteer Information

Event Info:

Jeff Coates - truenorth360@comcast.net
 TrueNorth and Associates
 317-876-1871

Volunteer Info:

Debbi Strack
debbi.strack@walsworth.com
 317-844-1414

Donor and Sponsor Info:

Linda Caldwell - lcaldwell@universityhighschool.org
 317-733-4475 ext. 133

New This Year!!

One Wish Art Exhibit and Sale

Join us for the One Wish art exhibit and reception on Friday, November 4 from 5:30-7:30 p.m. at University High School, 2825 W. 116th Street in Carmel. This special event celebrates the spirit of life by featuring artistic representations of a crane in movement or at rest. Local artists will enter their creations in a competition and have the opportunity to win cash prizes. All entries will be on display and available for sale to the public at the special reception on Friday evening where the winners will be announced. Refreshment by Pamfilio's Restaurant and entertainment will be provided. The Spirit Run is proud to be a partner with the 2005 Spirit & Place program.

Kiddie Romp!!

Celebrating the spirit of life includes bringing your children to join the fun! A special Kiddie Romp will be held after the 5K Family Walk, from 9:45 to 10:00 a.m. This new addition to the Spirit Run allows younger children to join in the event and have fun joining in activities designed just for them! Children ages 5 to 10 will "run" their own event and everyone who participates will be recognized with a special award! There is no additional charge for this event.



Participant Benefits

- Top-quality race T-shirt designed by students from University High School, IPS School #54, and Brooke's Place.
- Split-times at mile markers.
- Computerized race results .
- Special awards for top male and female runners at post-race recognition plus age-group awards.
- Water, food, and fruit at the finish line.
- Proceeds shared among three meaningful not-for-profit organizations.
- Random awards from Spirit Run sponsors.

Purpose of Event

Children often display an amazing spirit that serves as an inspiration to their peers, adults, and the world. It is in celebration of their courage, vigor, and ability to inspire our hearts and souls that the Spirit Run supports three local organizations that nurture young hearts and minds. This year's proceeds will provide scholarship and program funds for University High School, Brooke's Place (a not-for-profit that provides grief counseling to children and families who have lost loved ones, and Indianapolis Public School Elementary School #54 (10th and Dearborn), the oldest IPS grade school.

Spirit Banner

It has been said that "once we love someone, they become a part of us forever." A Spirit Run celebration banner will be displayed at the event and all participants are encouraged to remember and celebrate loved ones who have touched them by adding names, pictures, and verse to the banner. Runners will have access to the memorial banner prior to and after the race.

History of Event

In 1991 the "Emily Run" was initiated to raise scholarship funds for students at the Orchard School, in memory of Emily Kathryn Gilroy. Emily attended Orchard throughout her arduous battle with cancer. Emily was a constant source of strength to her friends, a positive force, a great friend, and always had a shining smile for all, celebrating life up to the very last moment. Eleven successful events raised more than a quarter of a million dollars for Orchard. "The Emily Run" has moved in a new direction and is now called the Spirit Run to recognize and celebrate the indefatigable spirit of people, especially those who have faced adversity and loss. In 2004, more than \$25,000 was donated to University High School, Brooke's Place, and IPS School #54.

Entry Form

Only one entry per person. Photocopies acceptable.
 PLEASE PRINT!

First Name _____ Last Name _____
 Street Address _____
 City _____ State _____ Zip _____
 Race Day Age: _____ Gender(circle one): M F
 _____ S M L XL XXL
 Daytime Phone Number _____ Shirt Size _____
 E-Mail Address _____

- 5K Run \$20.00
 - 5K Family Walk \$20.00
 - Spirit Banner name in honor of someone who has touched my life (optional) _____
 - Additional Spirit Contribution in honor of someone who has touched my life (optional) _____ \$ _____
 - Late Fee \$ 5.00
(if received after Oct. 28, 2005)
- Total \$ _____

Entire entry fee is tax deductible. Spirit Entry and Spirit Contribution names received before October 28, 2005 will be added to the Spirit Banner and displayed at the event.

Release & Waiver Statement (Must be signed):

I know that running and walking a road race is a potentially hazardous activity. I should not enter unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run or walk. I also know that while police protection will be provided, there may be traffic on the course. I assume all risks associated with my voluntary participation in this event, including, but not limited to, falls, contact with other participants, the effects of the weather, (including extreme cold, snow, and ice,) traffic, and the conditions on the road, with all such risks being known and appreciated by me. Knowing these facts, and in consideration of you accepting my entry, I, for myself, my heirs, executors, administrators, or anyone else who might claim on my behalf, covenant not to sue and WAIVE, RELEASE, and DISCHARGE: University High School, TrueNorth and Associates, The End Result Company, INC., Tuxedo Brothers, volunteers, the Village of West Clay, their representatives, successors, or assigns from ANY AND ALL claims of liability, whether foreseen or unforeseen, for death, personal injury, or property damage arising out of, or in the course of, my participation in this event. I further grant full permission to the event coordinators and volunteers and/or agents authorized by them, to use any photographs, video tapes, motion pictures, recordings, or other record of the event for any reasonable purpose. I understand that my entry is non-refundable.

 Signature of Participant

 Signature of Parent or Guardian if Participant Is Under 18
 Years of Age

**Complete this form in full, make check payable to:
 University High School,**

Mail to:
 Tuxedo Brothers, 6265 Boone Ridge, Zionsville, IN 46077



Our Sponsors

We gratefully acknowledge our major corporate sponsor and our corporate patrons. Without their support, this special event could not exist. We wish to applaud their gracious support of this meaningful community fundraiser.

Major Corporate Sponsor
Anthem



Corporate Patrons

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- SPG Graphics
- St. Vincent Hospital Carmel
- Stout's Shoes
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- T.J. Foods
- Verkler, Inc.



University High School
2825 West 116th Street
Carmel, IN 46032



The Spirit Run 5K Run/5K Family Walk

November 5, 2005

New this year:
Art Exhibit/Reception and
Kiddie Romp!

A 2005 *Spirit & Place* Event

www.spirit-run.org